

GET THE COMPLETE PICTURE *for* A HEALTHY HEART



 **HEALTHY HEART**
HEALTHY COMMUNITY
#reachfar

*Choose low-salt, healthy foods
and get your blood pressure checked.*

www.med.nyu.edu/asian-health/research/reachfar



 **Kalusugan Coalition**



 **UNITED SIKHS**
Recognize the Human Race as One



Supported in part by the Centers for Disease Control and Prevention under award numbers U58DP005621 and U48DP005008 and the National Institutes of Health - National Institute on Minority Health and Health Disparities under award number P60MD000538. The content is solely the responsibility of the authors and does not necessarily represent the official views of the Centers for Disease Control and Prevention.