



HEALTHYHEART

통곡물을 섭취하세요

**EAT MORE
WHOLE GRAINS**

백미 대신 현미를 선택하세요
CHOOSE **BROWN RICE**
INSTEAD OF **WHITE RICE**



 **HEALTHY HEART**
HEALTHY COMMUNITY
#reachfar

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HHHC Dangler 2

Trim size: 4" x 4"

CMYK

Die line is in magenta on a separate layer