

**Have you received the FREE COVID-19 vaccine? Not sure where to go? Check out these locations that provide services in English and Spanish.**

## **Walk-in**



Brooklyn Army Terminal  
140 58th Street, Brooklyn NY, 11220  
(877) 829-4692

8th Avenue Medical Office  
775 57th Street, Brooklyn, NY, 11220  
(877) 829-4692

Mobile Vaccine Clinic - Sunset Park 5th Avenue Pop Up  
5224 5th Avenue, Brooklyn, NY, 11220  
(877) 829-4692

Mixteca/Mexican Consulate Pop Up  
245 23rd #2, Brooklyn, NY 11215  
(877) 829-4692



VLS Pharmacy  
4402 5th Avenue, Brooklyn, 11220  
718-854-1384

Walgreens/Duane Reade  
5008 5th Avenue, Brooklyn, 11220  
800-925-4733

Rite Aid Pharmacy  
5224 5th Avenue, Brooklyn, 11220

RxCircle Pharmacy  
5001 7th Avenue, Brooklyn, 11220  
718-686-8280

## **Appointment Only**



# ***Eat well, Stay Healthy!***



Simple Recipes:  
Transforming Pantry Staples  
into Hearty Meals!

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- See more locations and hours online here: <https://vaccinefinder.nyc.gov>
- New York City is providing COVID-19 vaccination at home to any New York City residents who request COVID-19. Any New Yorker who requires vaccination at home can now choose to request their vaccine brand preference (Pfizer, Moderna, or Johnson & Johnson). Fill out the form online: <https://forms.cityofnewyork.us/f/home>

## Tuna Cabbage Salad (4 servings)



### Ingredients

Tuna in water, drained (1 can/5 ounces)  
Chopped cabbage (2 cups)  
Diced green onions (3)  
Low-fat mayonnaise (1 Tablespoon)  
Non-fat plain yogurt (2 Tablespoons)  
Salt and pepper  
Optional: canned corn (1 can), carrot (1), celery (2 sticks)

### Instructions

1. In a medium bowl, shred tuna with fork and mix with cabbage. If using, add in corn, carrot, celery.
2. Stir in onions, mayonnaise, and yogurt. Add salt and pepper to taste.
3. Chill until ready to serve. Serve on lettuce leaves or make sandwiches with whole wheat bread or on tostadas.
4. Refrigerate leftovers within 2 hours.



*Did you know?*  
Cabbage is a low-calorie vegetable that is rich in vitamins, minerals and antioxidants.



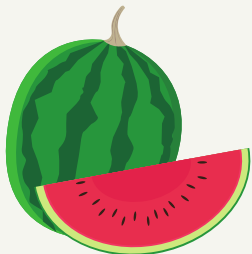
## Watermelon Water (3 servings)

### Ingredients

Watermelon Cubes (seeded, 3 cups)  
Orange juice (1/2 cup)  
Water (if necessary)

### Instructions

1. Add the watermelon and juice in the blender.
2. Mix well, add water if necessary.
3. Serve immediately.
4. Refrigerate leftovers within 2 hours.



*Did you know?*  
Watermelon is low in calories and is a good source of magnesium, potassium, and vitamin C.

