https://forms.cityofnewyork.us/f/home

their vaccine brand preference (Pfizer, Moderna, or Johnson & Johnson). Fill out the form online: request COVID-19. Any New Yorker who requires vaccination at home can now choose to request New York City is providing COVID-19 vaccination at home to any New York City residents who

• See more locations and hours online here: https://vaccinefinder.nyc.gov 7694-628 (TT8) 8827-984 (817)

140 58th Street, Brooklyn NY, 11220 730 58th Street, 1A, Brooklyn, NY 11220 Brooklyn Army Terminal Ohixin Fang Medical PC 4828-9284

281-279 (817) 818 57th Street, Brooklyn, NY 11220 AE3 Pharmacy

£919-6163 775 57th Street, Brooklyn, NY 11220

8th Avenue Medical Office

8810-804 (929)

5615 7th Avenue, and Floor, Brooklyn, NY 11220 Office PC Medical Office PC



# <u> YlnO tnəmtnioqqA</u>

5618 7th Ave, Brooklyn, NY 11220

Janlian Medical Group, LLC

833 58th Street, Brooklyn, NY 11220

863 50th Street, M3, Brooklyn, NY 11220

Cheung and Kan Medical Group, PLLC

WeiTan Physician PC

8888-383 (817)

2892-184 (817)

### **Malk-in**



Check out these locations below that provide services in English and Chinese. Have you received the FREE COVID-19 vaccine? Not sure where to go?

# Eat well, Stay Healthy!



Simple Recipes: Transforming Pantry Staples into Hearty Meals!

This resource is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,117,633 with 80 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.





## <u>Spicy Garlic Peanut Noodles</u> (1 serving)

#### **Ingredients**

**Produce:** 

grated garlic (3 cloves) green onion fried shallots cilantro

Pantry:

peanut butter (1.5 tbsp) black vinegar (2 tbsp) chili oil (2 tbsp) cilantro noodles of your choice

#### **Instructions**

- I. Cook noodles in a pot of slightly salted boiling water and place aside.
- 2. In a separate bowl, add peanut butter, grated garlic, black vinegar, chili oil, and hot noodle water. Mix and combined everything.
- 3. Add noodles to the bowl and mix altogether.
- 4. Garnish with cilantro, green onion, and shallots.





Did you know?
Consumed in moderation,
peanut butter is good source of
protein, vitamins, minerals,
and antioxidants!

## ABC Soup (4 servings)





#### **Ingredients**

Produce:

tomato (1)

potato (1)

carrot (1)

corn (I/2)

chicken drumsticks (2)

onion (1)

#### **Instructions**

- I. Wash, prepare, and cut tomato, potato, carrot, onion and corn. Make sure to peel potato and carrot.
- 2. Boil pot of water.
- 3. Once water is boiled, put all the produce into the pot. Let it simmer at low heat for 2-3 hours or for a minimum of 1.5 hours.
- 4. Add salt and pepper to taste.

<u>Pantry:</u> pepper

salt

If you are vegetarian, omit chicken in the recipe!



Did you know?
Onions help to add flavor without sugar and salt. Challenge: Try this recipe without salt!

