Phone Protocol for Disclosure of Randomization Results:

| "Hello_ | , This is | s(0 | CHW Name) ca | lling from the | e DREAM Proje | ct. I'm | i just calling to | ว thank |
|---------|---------------|---------------|------------------|----------------|----------------|---------|-------------------|---------|
| you for | attending our | recent introd | duction session. | It was a pl | easure meeting | you/s | seeing you ag | jain." |

❖ If participant has been randomized to the **Treatment** Group:

"I'm calling today to see when you can attend our next session, which is scheduled for this month [give scheduled dates/times]."

If participant has been randomized to the Control Group:

"This reason I'm calling today is to let you know that we have <u>a lot</u> of participants now, and since there are only 3 CHWs, we fear that we might not be able to devote the proper amount of attention to all of those participants who are interested in our program. As a result, we are asking half of the interested group to come to the sessions this Winter, and the other half will be invited to attend the sessions when we start-up again in the Spring. This doesn't mean that we won't be seeing you over the next few months – I'd still like to meet with you in a few months to discuss how you're doing and to ask you some of the questions you answered at our first session. We'll also be checking your blood pressure, weight, height, waist/hip measurements, as well as making sure that you have an A1c and Lipid Panel every 3 months to monitor your progress in managing your diabetes. We'll also check back in with you over the winter / and at the beginning of the spring."

o <u>If participant has questions re: the randomization process:</u>

"We selected the winter and spring groups by having a co-worker put everyone's names into a computer and the computer randomly selected the groups. The process if very similar to flipping a coin, that is each person had a 50/50 chance of attending the sessions now or attending the sessions in the Spring."

If participant has questions re: the need for two groups:

"Diabetes can be a difficult and often-times frustrating condition to manage. We want to make sure that we give all of our participants enough time and attention to help them manage their diabetes."

o If participant responds "I can't participate in the Spring.":

"Our program will be holding sessions for the next few months. Even if you aren't able to attend in the Spring, we will do our best to make sure that you are able to attend whenever possible in the future"